

Thank you dan kie Thanks!
 Dankie Thank you Enkosi ndin
 You ke lebogile Shukaran Thank Y
 Thank you! Dankie THANK YOU
 ya Thank you Mnyabuleka Biae D
 Enkosi Thank you Si Ngiyab
 k you Thank you
 Dankie Thank you
 u Thank you THANK
 Biae Da Enkosi tha
 Mabonga ENKOSI Thankyou
 enkosi Dankie Thank You ENKOSI
 u Thank you Shukaran Dankie
 OS! Thank you ENKOSI thank you
 Enkosi Thank you Dankie



•



Thank you

thank you

“Thank you” – what tiny, insignificant words these are. All humble things have a way of making a big difference.

At Nazareth House, we feel compelled to brighten the lives of those who cross our path. You can help us to accomplish this task. It is a duty we can not ignore, for to do so would imperil our conscience.

A wise man once said: “One cannot do all the good the world needs, but the world needs all the good one can do.”

This Annual Report contains some words of thanks from the people who work and stay at Nazareth House. They would like to extend their gratitude to those who have already made a remarkable difference.

Too often we underestimate the power of the smallest act of compassion. It has the potential to turn a life around. Even if your kindness leaves us at a loss for words, we will always find these two: “thank you.”



☪☪ These are my ballet slippers.
It's the first pair I've ever had - they're real satin!
I take very good care of them and only wear them for performances. They are very light and they make me pirouette like a spinning top! ☪☪

Dankie

Mandy, aged 8

arnold cottage resident since 2003

“ I’ve had this fountain pen
 longer than most people have been on this earth.
 I got it as a 21st birthday gift
 from my father. I only use it when writing letters,
 usually in my room in a shaft of afternoon sunlight.
 This pen gives me a certain sense
 of history, of permanence. ”



Thank you

Willem, aged 86
 st. basil's resident since 1993

mission statement

We, the Sisters of Nazareth, founded by Victoire Larmenier and inspired by the Spirit of the Gospel, are committed to the **Mission entrusted to us by the Church.**

Together with the people of God, we aim to present the love of Christ to all, but especially the poor, through the ministry of care and education. **We value and respect the dignity of each human being,** based on the works of Christ.

He said: 'You did it to Me!' (Matthew 25:40)

archbishop's report

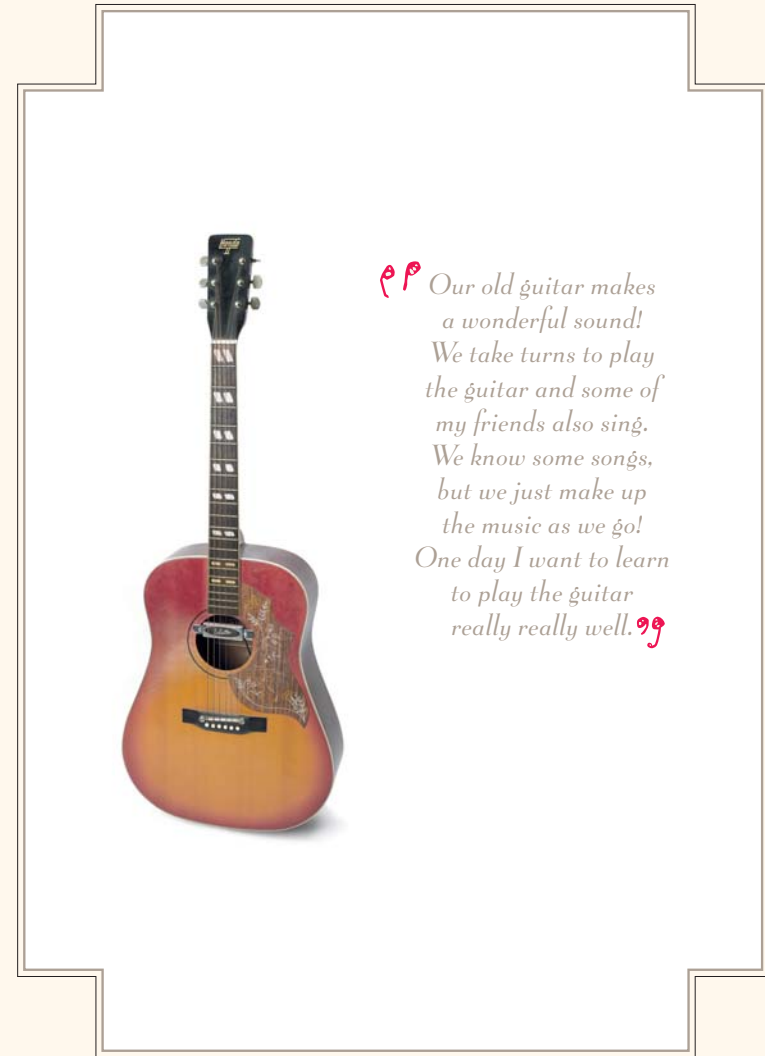
Dear Friends of Nazareth House,

Peace and Blessings in the Lord.

Nazareth House is a special place and its presence in the Church is an asset not only to the Church but also to the broader community of Cape Town.

I continue to be impressed and consoled by the great work being done. The tangible love and compassion of the Sisters and all involved in this great ministry of service, truly touch the lives of those in their care. Nazareth House is indeed their home.

+Lawrence Henry
Archbishop of Cape Town



*Our old guitar makes a wonderful sound!
We take turns to play the guitar and some of my friends also sing.
We know some songs, but we just make up the music as we go!
One day I want to learn to play the guitar really really well.*

Enkosi

Bongani, aged 10
sydney cottage resident since 2005

sister superior's report

The Sisters and myself wish to convey our gratitude to the heads of each department and all their staff for **their dedication to the effective running of the House**, and for their efforts to uphold our ethos of compassion, hospitality, justice, love, patience and respect.

It is with a sense of sadness that we've had to part with the services of the following: Pippa Shaper (Fundraiser), Jane Payne (Social Worker) and Liz Taylor (Fundraising Secretary). Through their untiring efforts and devotion they made a deep impact on our lives and the many with whom they came in contact. **We wish them every success** as they continue their ministries of care to the homeless and orphaned.

We welcome the following staff members: Rosie Whittaker (General Manager), Edwina Konghot (Social Worker) and Rosy Jethro (Bookkeeper). We pray that their time with us will be fruitful and happy, and that they will take to heart the values that our foundress desired for all who serve at Nazareth House.

To our Board Members; we acknowledge with gratitude your availability, concern and the **ready advice that has benefited all of us**.

During the past year two of our much-loved sisters were called to their eternal reward. We celebrate their years of compassionate service in the field of childcare and we pray

that, together with our departed residents, they now enjoy their heavenly bliss. **"Thank you"** – what tiny and insignificant words these are. Yet, with these words I wish to embrace all our donors and volunteers, past and present, who through their generosity and selfless devotion have been instrumental in keeping our caring ministries alive.

Too often we underestimate the power of the smallest act of compassion, but it has the potential to turn a life around. This we have witnessed in our contact with the many who come under our care. They too would like to add their thanks for your faithful contributions. May you be blessed in abundance.

As for the future, it is known only to God. We place all our hopes and dreams into His protective hand.

"And I said to the man who stood at the gate: **'Give me a light, that I may tread safely into the unknown,'** and he replied: **'Go out into darkness and put your hand into the hand of God. That shall be to you better than light and safer than a known way.'** So I went forth, and finding the hand of God, trod gladly into the night. And He led me toward the hills, and the breaking of the day."

– Louise Haskins

Sister Veronica





*' I remember reading from
this very same book when I was just a little girl.
I found it on the bookshelf in the lounge,
but now I keep it in my room!
It really takes me back, years and years...
ah, such fond memories. '*

Thank you

Meredith, aged 88
st. mary's resident since 2005

chairman's report

The past year has been filled with surprises, opportunities, challenges and moments of sadness and joy. Sister Irene's diagnosis with cancer in April last year, followed by a severe motor accident in July came as a great shock to us.

We offer humble thanks to God for her continuing miraculous recovery. Sister Veronica's return in November as Superior to Cape Town was a blessing. Her energy and experience combined with Rosie Whittaker's managerial skills have been invaluable assets.

After attacks on our staff by striking union protestors in August, the closing of the Lizo Nobanda Centre in Khayelitsha was inevitable. We remain hopeful that our work in this community has not been in vain and that it will continue in the same spirit of unselfish service. The board has established an executive management committee that meets monthly to review the accounts, staff and residents' issues and fundraising, and authorise expenditure. **This is working well as a forum of communication and strategic discussion.**



It is indeed a blessing to be able to bring love, kindness and compassion into the lives of the elderly, children and hospice patients – people who many would prefer to overlook. On behalf of the board, I express heartfelt thanks to the Sisters, the staff, our generous donors and volunteers who have made all this possible. God bless you.

Deacon Les Ruhrmund

general manager's report

Lizo Nobanda Centre is a place where the dignity and individuality of **every person are respected and where the staff work together as a family**. Committed to this ideal, we provide quality care to all people, particularly to those who suffer from HIV and AIDS.

Up until the 15th August 2006 the Lizo Nobanda Centre was a hub of activity. Unfortunately, it became a casualty in one of the recent strikes and the centre had to be closed down to ensure the safety of the staff and people in our care. In the two-and-a-half years of operation, Lizo Nobanda admitted 274 hospice patients. Of the 184 discharged, 106 were placed on anti-retroviral treatment. The majority were between 20 and 30 years of age.

Fifteen years ago, the life expectancy of these young adults looked bleak. Lizo Nobanda gave them hope. The community of Harare, Khayelitsha will soon enter into a new partnership with St Luke's

Hospice and they will finally again open their doors to the needs of the people. The crèche provides day care for sick babies and children so that their parents or guardians can go to work. It started small – what was only an empty shipping container, is now two well-equipped classrooms. These will be handed over to a reputable NGO called Home From Home, an organisation founded by exemployees of Nazareth House. This move will ensure that these children will still be able to graduate.



The dedication and zeal of Sister Helen has certainly left its mark on all with whom she came in contact. Her caring and compassionate approach lives on in the heart of the community. We would like to thank everybody who has contributed to our cause. **Your contributions have allowed the gift of life to be showered upon the once forgotten faces of our nation.**

Rosie Whittaker



"Everyday after school I play soccer in the yard with all the guys in the house. This is my ball and I use it to practice my soccer tricks. I got it from the Sisters for my birthday – you can see we play a lot! I'm in the school's team – I'm a midfielder. "

Enkosi

Simon, aged 9

sydney cottage resident since 2004

fundraiser's report

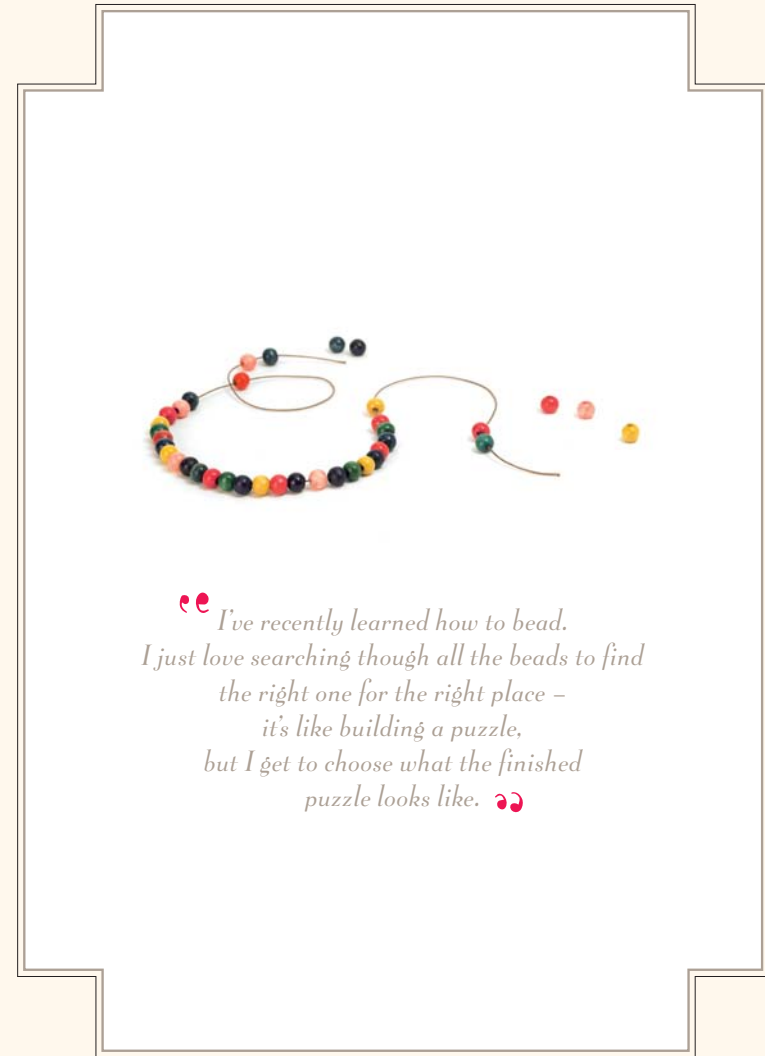
We are fortunate to be able to utilize a direct mail campaign, which appeals to overseas donors for much needed funding. The four annual mailings have brought a significant increase to our database of loyal supporters. Our sponsorship programme ticks over and brings in an additional regular amount each month. **Both these initiatives assist us to continue our work and plan for the future.**

We thank the local and overseas donors who have given both financially and in kind over the past year. Many have donated goods to sell in our Charity Shop. While we appreciate every cent we receive, we often struggle to meet running costs. In future, I trust that donors will allow us to use their donations where we at the time feel they are most needed.



Sincere thanks go to each and every one of our donors – both individuals and corporate – for enabling Nazareth House, its Sisters and its staff to continue their work. **Additional thanks to the volunteers who have given their time to lend a hand with the day to day operations of our facility.**

Janice Mulholland



*I've recently learned how to bead.
I just love searching though all the beads to find
the right one for the right place –
it's like building a puzzle,
but I get to choose what the finished
puzzle looks like.*

Baje Dankie

Meraai, aged 34

st. michael's hospice patient 2007

children's home report

We have had a busy and challenging year filled with plenty of fun and laughter, and of course a few sad moments. We lost a very special young lady, Nolene, who was blind, mentally challenged and suffered from a severe heart defect. In spite of this she had a wonderful sense of humour and could always be heard singing and laughing. She had not been expected to live more than ten years, but she died peacefully just two weeks before her fourteenth birthday.

Then early this year, little Jasmine (seven years old) who had Down's Syndrome and was deaf, suddenly died from suspected meningitis. We thank God for the privilege of knowing and caring for these little ones, and for all they taught us and shared during their short lives.

Our family reunification programme continues very positively, and at the end of the year three more children were returned home into the permanent care of their families. Our Community worker maintains regular contact with them and to date they are all progressing well.

The children in our cottages are growing up fast and three will soon be preparing for High School. The girls continue with their dancing classes (for them a highlight was dancing at the

Baxter Theatre), and the boys are busy with soccer, yoga and gymnastics. Other activities and outings are arranged frequently, and we thank the Reach for a Dream Foundation, who always invite our children to their functions.

During the past year 71 babies and children have passed through the doors of our Emergency Place of Safety, and we continue to work closely with the South African Police Service and the Child Protection Centre to provide a safe haven for abandoned, abused and traumatised children.



In conclusion, we thank all the house - mothers, childcare staff and community workers for their hard work and dedication. We thank Friends Day Centre and Bel Porto Schools as well as our volunteers, who are always ready to lend a helping hand. Lastly, we are indebted to our clinical social worker and the doctors and medical staff of Somerset, Red Cross and Groote Schuur Hospitals for all their help, encouragement and support during the past year.

Sister Margaret

senior citizen's report

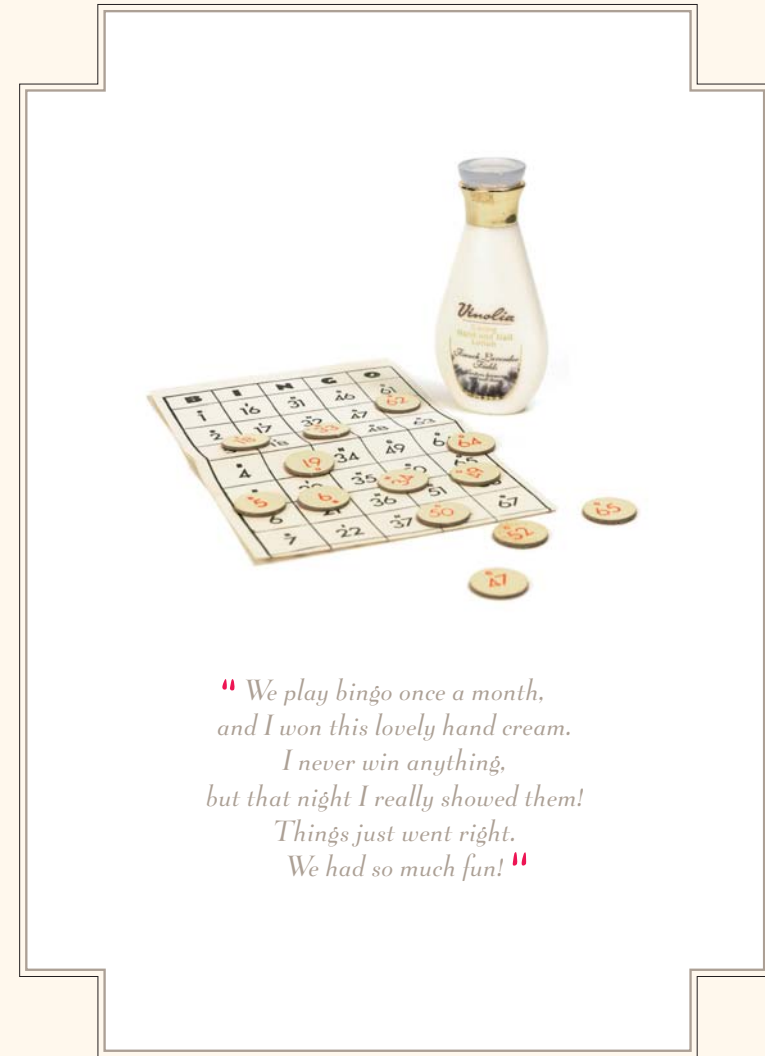
For the past 150 years the ministry for caring for the older person has been the hallmark of the Sisters. To this day we continue our heritage of upholding the rights and dignity of each person.

The year 2006 has seen several changes within our fold. A few of our residents have gone to their eternal reward, while new faces have joined the house. A high percentage of our aged are octogenarian to centenarian and although frail, their zest for life has not waned. They eagerly await Bingo sessions, Easter egg painting, Mother's Day bead making, old-time sing-a-longs and birthday celebrations. These occasions are thoroughly enjoyed and spoken of with affection and delight.



The maintenance of these standards, combined with our operational costs, place enormous strain on our resources. Also, we find that our fundraising projects for the elderly are most challenging. To all our benefactors, friends and donors who have supported us so generously during the year, we thank you sincerely. We acknowledge the role that you have played in keeping this most deserving side of our work functioning. May God bless you in abundance for your commitment and generosity to our senior residents – they are the heroes and heroines of the past.

Sister Lucia & Shirley McIver



*“ We play bingo once a month,
and I won this lovely hand cream.
I never win anything,
but that night I really showed them!
Things just went right.
We had so much fun! ”*

Dankie



Angela, aged 79
st. basil resident since 2004

hospice report

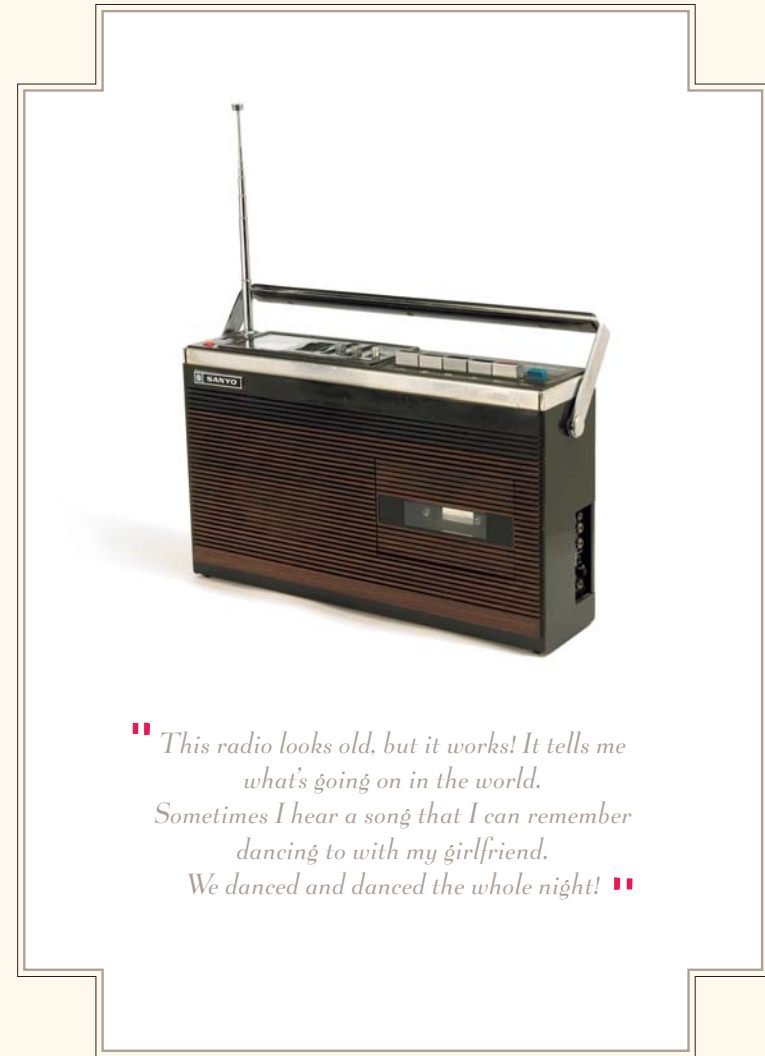
Another year filled with many grateful blessings lies behind us.

It is nearly a year since we moved into the new building, formerly part of the children's department. It has seen our bed capacity increase to fourteen, which has allowed us to urgently accommodate six patients when Lizo Nobanda Hospice was closed at short notice.

Since the inception of the adult HIV unit we have admitted 250 patients, of which 129 have been discharged, but sadly because of the critical condition of the others on admission, their life with us was short. We find that our statistics reflect the broader trend in South Africa. As the government programme gains momentum there are now more people with HIV who stand a chance of survival and an improved quality of life. The past twelve months have been very encouraging to the massive ongoing commitment of staff, donors, counselors and volunteers. Our deepest thanks to all concerned. A special mention of thanks goes to the doctors who volunteer their time to attend to the patients' medical needs. Also, to Somerset Hospital's medical superintendents and pharmacy, who continue to save us thousands of Rands in medication costs. **We do not take it for granted.**

In order to align ourselves with international and national funding criteria, we are endeavoring to have our services accredited by the Hospice and Palliative Care Association of South Africa. We are also committed to the ongoing education of our dedicated team of carers.

Sister Lizette Robbins



" *This radio looks old, but it works! It tells me what's going on in the world. Sometimes I hear a song that I can remember dancing to with my girlfriend. We danced and danced the whole night!* **"**

EN KOSI

Sipho, aged 24
st. michael's hospice patient 2006

financial report

The 2007 financial year has been challenging with an operating deficit being recorded for both Caring for the Aged and Aids Projects. It is however pleasing to note that the operating deficit has declined for both by 7.1% and 0.1% respectively.

caring for the aged

The Caring for the Aged is divided into two sections, Health Care Centre and the Aged. In March 2007 the administration and accounting functions of the Health Care Centre were transferred to Larmenier Village.

Fee income from the Aged excluding the Health Care Centre, is up 16.7% whilst Government subsidies decreased by 14.3% resulting in a marginal decline in operating income of 0.3%. Donations and fundraising however, are down by 15.2% reflecting the continued difficulties in raising funds for the aged. Other income increased by 79.9%

Expenditure, excluding the Health Care Centre, decreased by 4.6% to R4,176 million. The reduction in expenses is most satisfactory. All expenditure is constantly being reviewed to reduce costs without reducing the quality of care that Nazareth House provides.

The operating deficit for the Aged section for the year ended 31 March 2007, is R1.65 million and will be funded by the Victoire Larmenier Foundation.

income statement – caring for the aged

- Operating income up 0.5% to R2,558,314
- Donations and fundraising down 15.2% to R1,152,529
- Operating expenses up 3.2% to R5,706,743
- Operating deficit for the year declined by 7.1% to R1,650,117

financial report

	2007	2006	Change	Change
	R	R	R	%
Operating income	2,558,314	2,546,164	+12,150	+0.5
Donations and fundraising	1,152,529	1,358,994	-206,465	-15.2
Other income	<u>394,722</u>	<u>219,418</u>	+175,304	+79.9
Total income	4,105,565	4,124,576	-19,011	-0.5
Less : Fundraising expenses	(48,939)	(7,108)	-41,831	+588.5
Less : Operating expenses	<u>(5,706,743)</u>	<u>(5,893,681)</u>	+186,938	-3.2
Operating deficit for the year	<u>(1,650,117)</u>	<u>(1,776,213)</u>	+126,096	-7.1

funding – caring for the aged

- Total funding decreased by 0.5% to R4,105,565
- Government subsidies down by 14.3% – Residents contributions up 16.7%

financial report

aids projects

The Hospice at the Lizo Nobanda Centre in Khayelitsha has been closed since August 2006 due to industrial action. With the support of the local community, the Hospice is in the process of being transferred to another NGO and the crèche to Home from Home. The closure of the Hospice has resulted in a reduction in income from donations and fundraising that has been offset by a reduction in operating expenses.

This has enabled Nazareth House to focus its resources on St Michaels Hospice, St Joseph's children's home and the two community cottages, Arnold and Sydney.

Income from DMI increased by 55% to R3,025,101. The increase in income would have been substantially higher had foreign cheques of approximately R500,000 not become stale due to our Bankers failing to process the cheques timeously. All the donors concerned have been contacted and the full amount is expected to be recovered. DMI costs increased by 60.7% to R2,939,357. The increased costs are due to the acquisition of additional mailing lists in order to expand the data base of our donors. The income benefit of the increased expenditure will only be realized over the next year or so.

The 20.1% reduction in operating expenses is most pleasing.

income statement – aids projects

- Operating income down 11.6% to R748,340
- Donations and fundraising up 1.9% to R5,431,562
- Operating expenses down 20.1% to R3,827,988
- Operating deficit for the year R328,978

financial report

	2007	2006	Change	Change
	R	R	R	%
Operating income	748,340	846,600	-98,260	-11.6
Donations and fundraising	5,431,562	5,332,543	+99,019	+1.9
Other income	<u>327,923</u>	<u>151,312</u>	+176,611	+116.7
Total income	6,507,825	6,330,455	+177,370	+2.8
Less: Fundraising expenses	(3,008,815)	(1,869,107)	-1,139,708	+61.0
Less: Operating expenses	<u>(3,827,988)</u>	<u>(4,790,551)</u>	+962,563	-20.1
Operating deficit for the year	<u>(328,978)</u>	<u>(329,203)</u>	+225	-0.1

funding – aids projects

- Total funding increased by 2.8% to R6,507,825
- Net funding, after deduction of fundraising expenses, decreased by 21.6% to R3,199,010
- Government subsidies decreased by 12.5% to R738,650

general

Nazareth House is dependent on its donors, both corporate and members of the public, for the funds necessary to provide the services so desperately needed in our communities. A big thank you to all our donors for your generosity. Nazareth House is committed to ensuring that the most effective care possible is provided with the funding available.



"Isn't this just the most beautiful jewellery box?!
Guess where I found it – right here in
the charity shop! Someone donated it
and when I saw it I knew it was especially for me, so
I bought it. I keep all my old photos and postcards
(even a few love letters!) in it."

Entosi

Pumisa, aged 81

st. mary's resident since 2002

contributions

The work that we do in caring for the elderly, children and hospice patients is **only possible through the financial generosity of our benefactors, donors and sponsors.**

There are many ways that you can assist us:

- Nominate Nazareth House as a beneficiary in your will or trust
- Make a monthly/annual donation
- Join the sponsorship programme

We are 501(c)3 compliant.

Our banking details are as follows:

caring for the aged and general donations

Account Name: Nazareth House Caring for the Aged

Bank: Standard Bank

Branch code: 02-00-09

Swift Code: SBZAZAJJ (for international use only)

Account no.: 070215936

Reference: YOURNAME

contributions

aids project: children and hospice

Account Name: Nazareth House Aids Project
 Bank name: Standard Bank
 Branch Code: 02-00-09
 Swift Code: SBZAZAJJ (for international use only)
 Account no.: 070140685
 Reference: YOURNAME

Please e-mail or fax details of your deposit to ensure that the funds are allocated correctly.

Contact details:
 1 Derry Street, Vredehoek, Cape Town, 8001, South Africa.
 PO Box 12116, Mill Street, Cape Town, 8001, South Africa.
 Tel: +27 (0)21 461 1635
 Fax: +27 (0)21 465 6414
 E-mail: fundraising@nazhouse.co.za
 Website: www.nazhouse.org.za



*“ This is my absolute favourite toy
 in the house – rollerskates!
 I’m getting pretty good at it, I can even do
 a couple of tricks, like riding backwards,
 jumps and so on.
 I used to fall a lot, but not anymore!
 We all share the skates,
 but I’m better at it than the other
 girls in the house. ”*

thank you

Sibongile, aged 12
 arnold cottage resident since 2003



“ Afternoons find me in the lounge where
 the sun casts a warm patch of light onto my chair.
 It's the best place to enjoy my favourite pastime: knitting.
 I make mostly little woollen hats and sweaters for
 my grandchildren or the hospice people.
 They look so cute, each with their own colourful little hat! ”

Thank you

Catherine-Anne, aged 85
 st. basil's resident since 2001

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